

Community Spirit

Available free online with news from West River, Hopetoun, Jerdacuttup, Munglinup, and Lake King and Ravensthorpe

Local rider tested in Queensland series

Ravensthorpe local Noah Thomas travelled to Queensland over the weekend to attend the opening Round of the 2024 Honda Sunshine State MX Series.

The series kicked off at Hervey Bay Motocross Club with over 600 riders competing across two days of action packed racing.

The South East Queensland based series demonstrated a very strong rider base from the Sunshine State that was joined by over 100 interstate entries from all over the nation, along with the entire Honda HRC Factory racing team and many other top professional teams and riders.

Noah raced both the 65cc and 85cc classes, finishing inside the top ten on both of his bikes. The incredibly hot and humid conditions tested everyone's fitness and composure in the deep sands of Hervey Bay.

Without the help and support of Noah's sponsors these results and the experience, which is invaluable to the future success of Noah's motocross career, would not be possible.

We would like to send out a massive thank you to all the people and businesses that have made this trip and the 5 future trips in this series possible.

With your support Noah will continue to chase his motocross dreams racing the best and toughest competition in Australia

If you would like to follow along with Noah's journey:

YouTube: <https://youtube.com/@Thomas.613?si=GmpimzXzZ6yGXqtD>
Instagram: noah.thomas_613

Thankyou—Bunbury KTM, 14MX Development, H&L Transport Esperance, OC Diesel WA, Diesel Tech Logistics, Farmers Centre WA, JHR Auto Electrical, Propleat Motorsport Seat Covers, Fox Racing Australia, Sixty7 MX.



RICK WILSON MP
FEDERAL MEMBER FOR O'CONNOR

Authorised by R. Wilson MP, Liberal, Unit 11, 75-79 Dempster St, Esperance WA 6450.

Working hard for Ravensthorpe!

9071 4846 RickWilsonMP



BE LURED BY THESE LEAP YEAR LOOKERS!



79A Spence Street, Ravensthorpe:
\$265,000
 • 3 bed • 2 bath • 569sqm
New To Market!!
 Modern comfort and convenience in this 3 bedroom, 2 bathroom residence that ticks all the boxes for your ideal home. Leased to August 2024, great investment opportunity too!



15 France Street, Hopetoun:
\$440,000
 • 4 Beds • 2 Bath
 • 720sqm
 Contemporary, roomy airy home with incredible views. Perfect family, holiday or investment home. Worth a look!

RayWhite

"PROFESSIONAL AND SYMPATHETIC"

221 Banksia Road, Hopetoun - Seller

SOLD

"Wendy was absolutely exceptional, professional and understanding to help me to get my property through to settlement after a very emotional and traumatic experience. She was sympathetic, supportive and patient, ensuring I felt heard, understood, and comfortable throughout the process of sale. Highly recommend!!"
 Verified by RateMyAgent

RayWhite

"WENDY WAS EXCELLENT"

53 Orchid Road, Hopetoun - Seller

SOLD

"Couldn't fault Wendy's attention to detail, regular communication, professionalism and lovely personality."
 Verified by RateMyAgent

Call Wendy Howell with your sales enquiries 0438 470 779
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Fishing Classic date change

IMPORTANT NOTICE!

Change of date for the Hopetoun Fishing Classic.

Due to the weather forecast, the event will now take place this Monday 4th March, with the registration night being held on Sunday 3rd March.

Thankfully all guests and entertainment are able to attend the new event date, so this will all go ahead as planned.

We understand that the change of date isn't going to suit everyone, and we apologize for any inconvenience this may cause, but we hope that you can still come along for a *better day of fishing.

See you all on Sunday

FIREWORKS AND PETS

Get ready for an exciting fireworks display at the Fishing Classic! But let's not forget about our furry friends who might not share the same enthusiasm for the fireworks as we do!

Fireworks can be quite distressing for animals, so here are some simple steps to minimize their stress and keep them safe:

- Ensure your pets are wearing ID tags and their microchip details are up to date. This way, if they get scared and run off, they can find their way back to you.
- Take a recent picture of your pet, just in case they decide to pull a Houdini and try to escape. We all know how sneaky they can be!
- Before the fireworks start, make sure your pets are well-exercised and have a full tummy. This can help them feel more relaxed and less anxious.
- Keep your animals indoors in a safe, secure, and comfortable environment. Create a cozy den for them to retreat to when the booms and bangs begin.
- If you have horses, securely stable them away from the firework noises. They deserve a stress-free night too!
- Leave the TV or radio on to mask the sounds of the fireworks. Maybe your pets will enjoy a little dance party of their own!
- If your pets are prone to fireworks or storm panic, stay at home with them, remain calm, and carry on with your normal activities. They look up to us for guidance, so let's show them that everything is okay.
- Engage your pets in their usual activities like playing and reward them for their calm behavior. Treats and their favourite toys can work wonders!
- If you need additional help or your pet consistently struggles with anxiety during fireworks or other loud events, don't hesitate to make an appointment with one of our veterinarians. We can provide additional advice and recommend anxiety-relief medications if necessary. There are treatment options available for managing noise phobias, and we can discuss any new treatments or consider using a Thundershirt (an anxiety shirt) for your furry friend. Your pet's well-being is our priority!

Let's enjoy the fireworks responsibly and take precautions to protect our pets and wildlife. Together, we can make sure everyone has a safe and enjoyable evening!

Contacts

Ambulance:

Emergency 000
Non-Emergency 13 12 13

Hospitals:

Ravensthorpe 9838 2211
Esperance 9079 8000
Albany 9892 2222

Doctors Surgery:

Hopetoun 9838 3854
Ravensthorpe 9838 1600

Dentist:

Ravensthorpe 9838 1322

Esperance Hospital

Public Dental Clinic..... 9079 8000

Community Nurse/Child Health:

Ravensthorpe 9838 2211

Extended Care Nurse:

Hopetoun 9838 3323

Home and Community Care

Office 9838 3144
Mobile 0429 889 675

Community Vehicle Service

Coordinator 0439 335 147

Hospital Auxiliary:

Second Tuesday of the month 1.30pm in the Red Room
Contact Judy Harp

Allied Health:

Services such as Physio, Dietician, Occupational Therapy and Speech Pathology are available. Contact Ravensthorpe or Esperance Hospital to find out more about these services.

Mental Health:

There is a Mental Health service available currently. Please contact Ravensthorpe Hospital to find out more about this service.

Shire of Ravensthorpe Councillor Contact Details

Shire Council Offices..... 9839 0000

Cr Tom Major–Shire President..... 0403 782 887
Email: tom.major@ravensthorpe.wa.gov.au

Cr Mark Mudie–Deputy Shire President..... 0428 356 064
Email: mark.mudie@ravensthorpe.wa.gov.au

Cr Rachel Gibson 0428 751 062
Email: rachel.gibson@ravensthorpe.wa.gov.au

Cr Robert Miloseski 0408 030 888
Email: robert.miloseski@ravensthorpe.wa.gov.au

Cr Sue Leighton 0407 981 301
Email: sue.leighton@ravensthorpe.wa.gov.au

Cr Graham Richardson..... 0474 492 810
Email: Graham.richardson@ravensthorpe.wa.gov.au

Cr Rachel Livingston..... 0429 634 596
Email: rachel.livingston@ravensthorpe.wa.gov.au

Word of the Day

retinue noun | RET-uh-noo

Definition:

A retinue is a group of helpers, supporters, or followers.

Did You Know?

Retinue comes via Middle English from the Anglo-French verb *retenir*, meaning “to retain or keep in one’s pay or service.” Another *retenir* descendant is *retainer*, which has among its meanings “one who serves a person of high position or rank.” In the 14th century, such retainers typically served a noble or royal of some kind, and *retinue* referred to a collection of retainers—that is, the noble’s servants and companions. Nowadays, the word *retinue* is often used with a bit of exaggeration to refer to the assistants, guards, publicists, and other people who accompany a high-profile individual in public. You might also hear such a collection of folks called a *suite* or *entourage*, two other words that come from French.



NEXT ISSUE DEADLINE:

5pm, Monday March 11, 2024

ALL ENQUIRIES:

contributions@cospirit.net
Kylie Thomas, Co-ordinator, 0408 840 447
Or Attn: Contributions, PO Box 135, Ravensthorpe 6346.

Or Hopetoun and Ravensthorpe Community Resource Centres will accept written articles.
Include name, address and phone details in all correspondence.

ARTICLES AND PHOTOS

Articles to be sent in Word format.
Photos to be sent in JPEG format.
Photos minimum size 500mb.
Maximum of two photos per email.
Photos of children require parental permission.

GENERAL ADVERTISING AND CLASSIFIEDS

Content to be sent in Word, PDF or JPEG formats.
Classified proofs on request only.

ACCOUNTS AND SUBSCRIPTIONS

Email financeadmin@cospirit.net
Phone enquiries Sandi Hunter,
0417 950 615.

MANAGEMENT COMMITTEE

Email secretary@cospirit.net or
PO Box 135, Ravensthorpe 6346
GRIEVANCES—contact secretary by email secretary@cospirit.net

Southern Scribes

Is a writers' group which meets monthly. We aim to promote growth: we write, we share, we critique each others work, encouraging one another and creating opportunities to develop as writers. We chat during afternoon tea.

IF YOU WRITE AND WOULD LIKE TO IMPROVE YOUR SKILLS, YOU WOULD BE MOST WELCOME IN OUR GROUP.

SCRIBES meeting CHECKLIST:

(An ambitious agenda absolutely achievable at almost every meeting.)

1. General business - news, views and matters of importance-
2. Hand out & read critiques from last month's work.
3. Hand out & read current month's work
4. Has anyone been published or won competitions? This to be included in the report by the hostess for 'Community Spirit' (Nobody was published this month.)
5. Have a cup of tea and hopefully something to eat.... (but not anything that has caused the host to toil over a hot stove for more than ten minutes!)
6. Read and discuss a piece of published work by another author (prepared by host)
7. Exercise for the day. This month we responded to a photograph copied by the host and we wrote the story of what we saw in the image.
8. Appoint next host and venue. Richenda (Chenda) Goldfinch will host the next meeting at her house in Hopetoun at 1.00pm.
9. The subject of the next meeting is to write a cameo piece about a person who has impacted you as a child.

Flexibility is the key. Each host can differ the format of their meeting: eg less chatter, less food, different venue, more writing etc. Contact us if you would like to become a member of our group. Beryl Semple 0428 411 171

We congratulated our long time member Chenda Goldfinch and her husband Ian for receiving the Order of Australia medal and Chenda was awarded The Honorary Freeman of the Shire title which is the highest honour that our Council can bestow upon a local community member.

Richenda "Chenda" Goldfinch is a distinguished writer, artist, teacher and musician, who is recognised for her unwavering passion for both the arts and the environment in the community for the last 57 years.

Her dedication to the Shire of Ravensthorpe and community has been exemplary and honouring her long serving commitment recognises her outstanding service to the community of the Shire of Ravensthorpe.



An active member and contributor to a large number of local community groups who is always willing to volunteer her time and effort. To name just a few:

Southern Scribes, CWA, Regional Arts Council, Jerdacuttup Community Association, Ravensthorpe Wildflower Show, Ravensthorpe Community Centre, Ravensthorpe Historical Society, of special note was her involvement in the creation of the Kukenarup Reconciliation Memorial.

We Scribes are very proud of you Chenda.

–B Semple

ADVERTISEMENT



Contact me to discuss State Government matters – let me know what is important to you

Hon. Shelley Payne MLC

Member for Agricultural Region

92 Dempster Street, Esperance WA 6450

📞 9072 1786 📘 ShelleyPayneMLC

✉️ shelley.payne@mp.wa.gov.au

Authorised by Shelley Payne, 92 Dempster Street, Esperance WA 6450

To an amazing community from the Wilson family

How do you thank a whole community for their kindness and support over many years, but especially during the last twelve months?

Mel loved Hopetoun, first as an annual visitor from 1983, then as a resident from 2010. He was completely at home among the mallee, tallerack and sheoaks, close to the river and the ocean.

Always proud to show off the natural beauty of the area, he'd take house guests over rough bush tracks, belting along in his Jeep, heedless of bad backs and nervous Nellies!

However, last year saw him in a drawn-out health battle to maintain his usual strength and vigour, taking him from WA to Canberra and Sydney and back again. During that difficult time, and in the first month of the new year, the Hopetoun community rallied to help us cope as a family.

We will always be grateful to friends and to members of so many Hopetoun groups: Men in Sheds, Senior Citizens, Community Resource Centre, Qualup Choir, Club Merlot and the inimitable Old Bastards. We hesitate to name individuals, for fear of missing one, but you will know how thankful we are for the kind support and understanding you gave us.

In the last months Dr Lochner made possible Mel's determination never to leave here again, while in the final weeks we were also supported by the kindness and care of the regional palliative team and all at Ravensthorpe Hospital. We cannot speak highly enough of the compassion and help Mel received at home and in our local hospital.

Our thanks to you all for ensuring Mel's wishes were granted and to borrow words from Robert Louis Stevenson's 'Requiem':

"Under the wide and starry sky,

Dig the grave and let me lie ...

This be the verse you grave for me,

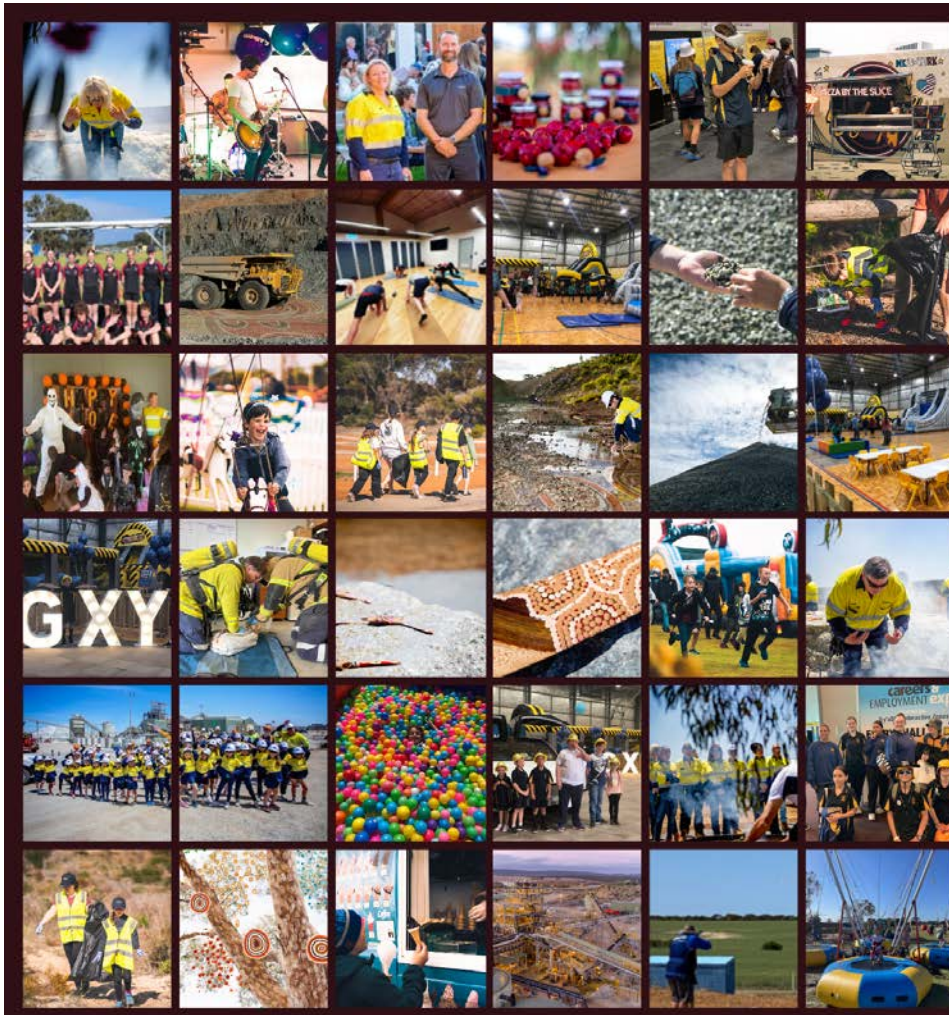
Here he lies where he longed to be,

Home is the sailor, home from the sea,

And the hunter home from the hill."

Gratefully,

–Kay, Kylie, Roz and the Wilson family



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facebook.com/MtCattlin

Agency and Agent of the Year

LJ Hooker are the Agency of the Year.

None of this would have been possible without our amazing clients and their trust in us.

Throughout the year, we have had the pleasure of helping numerous individuals find and secure their dream homes, whether it be through purchase or rental.

We are incredibly grateful for the opportunity to do what we love here at LJ Hooker Hopetoun, and this award truly acknowledges our passion for real estate and dedication to our clients.

A big thank you to all our wonderful clients for your trust and support, we're so excited to help more of you make your real estate dreams a reality!

—oOo—

Meet your Agent of the Year 2024 - Robert Miloseski!

What an achievement!

We're over the moon to honour Robert's remarkable ascent to becoming the Agent of the Year 2024. Through unwavering commitment to client satisfaction, Robert has clinched this distinguished title. A massive shout-out to all who backed him with stellar reviews!

Robert's unparalleled ethical standards and devotion set him apart in the real estate realm. He doesn't just serve clients; he's instrumental in making homeownership dreams a reality with his pursuit of excellence. In the vibrant Hopetoun market, there's no match for Robert's in-depth expertise. His proven track record promises comprehensive and top-notch real estate guidance.

Kudos, Robert, for achieving this esteemed honour—a testament to your enduring ambition and passion. You really are the maestro who's redefining the industry, one elated homeowner at a time.

Considering a leap into Hopetoun's property scene? On the lookout for the perfect dwelling or investment opportunity? Connect with Robert for unparalleled real estate service.



An advertisement for Storage Solutions WA. On the left, there are two stacked grey storage containers. The top container has "SALES" written on it, and the bottom one has "HIRE". To the right, the text reads: "Locally Owned & Operated", "STORAGE Solutions WA", "admin@storagesolutionswa.com", "0438 841 663", and "13 Chevalier Street, Albany".



CASUAL RECEPTIONIST

- Hopetoun

Livingston Medical currently has an opportunity for a casual receptionist to join our dynamic, energetic team.

Working on-site in Hopetoun and occasionally in Ravensthorpe alongside our Rural Generalists and Nurses and existing Receptionists.

Essential attributes for this role:

- High level of Confidentiality and Professionalism
- Computer Savvy and IT Literate
- Polite, discreet phone and interpersonal skills. Emotional intelligence and ability to triage or learn to triage over the phone and face to face.
- Ability to multitask in a high pressure and fast paced environment
- Work rights in Australia

Desirable Skills:

- Previous experience in the medical industry or similar industries
 - Experience in using Medical Director (Helix) Software or similar
 - Knowledge of Medicare, DVA, Workcover and private medical sector
- (Training can be provided in all of the above for the right applicant)

Applicants must also be able to obtain:

- Police Check and WWC Certificate
- First aid and CPR certification
- Two or more professional references

The successful applicant will be rewarded with a professional, friendly workplace where employees are well supported and nurtured to grow both personally and professionally.

Livingston Medical offer a generous hourly rate.

All interested parties can send a covering letter and resume to Rachel@livingstonmedical.com.au

Closing date for applications 28th March 2024

Return thanks—Rob Lloyd

Jenny, Judy, Kathryn and Michael (Mick) and families have been very touched and grateful for the many expressions of love and concern and sympathy shown to us since Rob's hospitalisation in late November and his passing on January 26th this year.


For phone calls, messages, visits, flowers, cards, offers of help, thoughts and prayers and many hugs, we express our appreciation, and can assure you they have been a comfort and help to us.

To all who attended his funeral and those who were able to view the streamed service, we thank you for joining us on that occasion.

As a result of offerings made on that day \$600 was sent to the Cancer Council WA for the furtherance of their work and service to those affected by cancer.

— Jenny Lloyd






Deadlines for 2024

In 2024 the Community Spirit is maintaining its' deadline at 5pm Monday so you can get the latest information into your local paper
We are also including another edition for more of your local news and information!

ISSUE DATE	DEADLINE
4—March 14, 2024	Monday March 11
5—March 28, 2024	Monday March 25
6—April 11, 2024	Monday April 8
7—April 25, 2024	Monday April 22
8—May 9, 2024	Monday May 6
9—May 23, 2024	Monday May 20
10—June 6, 2024	Monday June 3
11—June 20, 2024	Monday June 17
12—July 4, 2024	Monday July 3
13—July 18, 2024	Monday July 15
14—August 1, 2024	Monday July 29
15—August 15, 2024	Monday August 12
16—August 29, 2024	Monday August 26
17—September 12, 2024	Monday September 9
18—September 26, 2024	Monday September 23
19—October 10, 2024	Monday October 7
20—October 24, 2024	Monday October 21
21—November 7, 2024	Monday November 4
22—November 21, 2024	Monday November 18
23—December 5, 2024	Monday December 2
24—December 19, 2024	Monday December 16



Peter Rundle MLA

Member for Roe

107 Dempster St
Esperance
WA 6450
(08) 9071 6555

peter.rundle@mp.wa.gov.au
www.peterundle.com.au
facebook.com/PeterRundleRoe



Have your say on the proposed South Coast Marine Park

Help shape how this precious and unique coastline will be managed into the future by having your say on the proposed marine park management plans, including zoning schemes and management activities.

Scan the QR code to view the plans and make an online submission at dbca.wa.gov.au/pscmp

The plans can also be viewed at DBCA offices in Kensington, Albany and Esperance, and at the DPIRD office in Esperance.

Submissions are open until Sunday 16 June 2024.



Department of **Biodiversity, Conservation and Attractions**



2024 Federal Budget should fund GP research for better health

The Royal Australian College of GPs (RACGP) is calling on the Federal Government to invest in general practice-based research to improve the evidence base for GPs caring for patients and helping people live healthier.

Australia's largest peak GP body, the RACGP is calling for funding and support to establish a national practice-based research network in its pre-Budget submission 2024-25.

GPs are strongly in support of the measure which would improve patient care. A nationwide newsGP poll found the greatest benefits of a national practice-based research network would be:

- stronger evidence for clinical decisions 68%
- More career opportunities for GPs within general practice 13%
- better information to provide patients 11%

RACGP President Dr Nicole Higgins said: "Funding homegrown health research carried out in the place where most people access healthcare will improve the health and wellbeing of Australians. It's simple.

"We know that practice-based health research networks are immensely valuable. The Canadian network produces strong evidence that results in better care for the health issues the country is grappling with, including chronic disease, ageing, addiction and even allergies.

"And when the pandemic struck, the United Kingdom used its network to rapidly establish a large-scale trial of COVID



treatment in general practice.

"The pandemic exposed a gap in Australia's health system; a major underinvestment in general practice-based research. We don't have a national network like the UK or Canada, so we couldn't run large-scale trials of COVID treatment in general practice.

"If we had a national network in Australia, we would be much better prepared for the next pandemic, have much needed data on GP consultations, and GPs would be better equipped with solid evidence to tackle the health challenges of today and the future.

"We do have smaller practice-based research networks in Australia that show the value of homegrown research, such as the Translating Research Outcomes in the Primary Health Interface (TROPHI) project, in outer eastern Melbourne.

"This innovative project is focused on improving care in line with local community needs - developing better tools and support for people with mental health concerns, is just one example. It is a collaboration between the RACGP, the University of Melbourne and Monash University, with seed funding from the Windermere Foundation.

"I urge the government to make this investment in the next Budget - it will pay dividends in terms of improving our health and wellbeing for generations to come."

■ Media Release

FUTURE FUND NOTICE

The Future Fund is in the process of updating its forms and guidelines and the opening date for applications will be slightly later than usual this year.

Further updates and information for the community about the changes will be published in the coming weeks.



DID YOU KNOW?

Kuchi zamishi is Japanese for unconscious eating. It describes the act of eating when you're not hungry because your mouth is "lonely."

The Statue of Liberty was once a lighthouse. About a month after the statue's 1886 dedication, it became a working lighthouse for 16 years, with its torch visible from 24 miles away.

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SHIRE OF RAVENSTHORPE

COMMUNITY UPDATE

MESSAGE FROM SHIRE PRESIDENT



Hello to all Shire of Ravensthorpe residents,

I hope this message finds you well. I wanted to take a moment to update you on some recent developments in our community.

I'm pleased to inform you that Council has recently adopted new policies regarding tiny houses and chalets.

It is well documented that Australia is currently in the midst of a housing crisis. These policies represent a positive step forward in catering to the diverse needs of our residents and ensuring a sustainable future for our community.

As I write this it is drizzling outside - a welcome change to the heat that has been a theme of the last fortnight. We were very fortunate there were no significant fires across this time and that the hot weather wasn't accompanied by lightning storms as it so often is. However, we have had our community pool caught up in the Education Department school closures on these hot days. We are working with the relevant Western Australian Government departments to ensure a more common sense approach in the future.

Finally, I'd like to extend my heartfelt thanks to all who participated in our recent survey. Your input is crucial in guiding our decision-making process, and we appreciate your engagement. We'll be reviewing the survey results soon and look forward to discussing them with you.

As always, your support and involvement are essential in shaping the future of our community. Thank you for your continued participation.

Cheers,
Cr Tom Major, Shire President

FIREWORKS IN HOPETOUN ON MON 4 MARCH 2024

A fireworks display is planned for Hopetoun on Monday 4 March 2024 as part of the Southerners Sporting Club's 30th Annual Fishing Classic.

Pet owners in Hopetoun are advised to plan ahead to ensure their animals stay safe on the night.

The fireworks will take place from 7.30pm on Hopetoun Cricket Oval.

Shire of Ravensthorpe PUBLIC NOTICE Thursday 22 February 2024



Tiny Houses on Wheels and Chalet Development Policies Adopted

At the Ordinary Council Meeting on Tuesday 20 February 2024, Council resolved to adopt two crucial policies aimed at enhancing sustainable development and promoting responsible housing options within the Shire of Ravensthorpe.

In accordance with Clause 4 of the Deemed Provisions (set out in the Planning and Development (Local Planning Schemes) Regulations 2015 Schedule 2) Council has adopted the following Local Planning Policies:

- Tiny Houses on Wheels
- Chalet Development

Copies of the planning policies may be inspected at each Shire office Monday-Friday between 9:00am-4:00pm, or by visiting the Shire of Ravensthorpe website: www.ravensthorpe.wa.gov.au



COMMUNITY MARKETS

Councillors and Shire staff have enjoyed engaging with community members at recent markets in both Ravensthorpe and Hopetoun.

If you have any questions about Shire projects or would like to raise an issue important to you, please visit the Shire of Ravensthorpe stall at the next market.


Pictured top left: Shire President Cr Tom Major and Cr Rachel Gibson.



Pictured left: Cr Rachel Gibson, Deputy Shire President Cr Mark Mudie, Cr Graham Richardson and Cr Sue Leighton.

NEXT MARKET: HOPETOUN
9AM-1PM, SUN 3 MARCH 2024

**NEXT ORDINARY
COUNCIL MEETING:**
TUES 19 MARCH 2024
6PM
RAVENSTHORPE

 08 9839 0000

 shire@ravensthorpe.wa.gov.au

 Shire of Ravensthorpe

Helping seniors Staying in Place

■ Ravensthorpe CRC

Ravensthorpe CRC is adopting the Staying in Place initiative, a program for elderly Australians that has been implemented in several communities across WA, with similar models running across the country.

The program sees elderly residents receive government-subsidised Home Care Packages, following an aged care assessment to determine the level of assistance they need.

Home Care Package funds can be used as recipients choose, e.g. for in-home help, travel to and from social events, or even developing new hobbies and interests.

Home Care Packages will be serviced by a local workforce of independent contractors built up by Ravensthorpe CRC so please get in touch if you have an interest in providing cleaning, gardening or social support services hello@ravycrc.com.au 9838 1340



**Find out how you can get paid
for supporting your local community or
get help to stay living at home**

Join Mable and your local CRC to hear about *Staying In Place*

Ravensthorpe CRC

Monday 18th March, 11:30am - 1:00pm



Help others with daily activities, personal care or companionship.



Choose your own hours and rates.



Get help with invoicing, payments, and insurance.



Choose your own clients and services to provide.

For more information contact

Ravensthorpe CRC on 9838 1340 or Brad at Mable on 0478 398 194



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Tristan, Wotan, Hooky & Snooky

■ Aberline's Monthly Story Corner

"We were orphans in a box. Now we are just like you, orphans in a home," muttered Tristan.

"Yes," said both boys softly. What's the red book for asked Hooky?

"It's our Mum's prayer book", said Tristan.

Snooky asked, "What is a prayer book?"

"A prayer book is a book with prayers in it. Do you know what prayers are, Snooky?"

"Only sort of. These are words that you read when someone has died."

Tristan replied. "Well, sort of, but not exactly. These are special words from us to God."

"Who is God?" replied Snooky.

"Someone that lives way up above our heads in the sky."

Everyone was silent. Of course, the twins had heard prayers at their parent's funeral. They had to watch as their Mother and Father were placed side by side in this huge hole in the ground as a grave. Words from a book were read then, but they didn't understand.

Hooky replied. "Yes, we remember. There was a man at our Mum and Dad's funeral. He read words from a book. But it was not red."

"Well, it's a feeling in your heart, so you read special words. You can make up your own prayers if you like. Our Mum used to read to us from this book before we went to bed after supper. We believed what she said."

Remembering, both cats nodded their heads.

"Let me look at this book, please, Tristan."

Hooky was given the book and flicked through the pages.

"I can't read all those words; some are too hard, Snooky; you have a try."

"No, if you can't, I can't. You can read better than I can.

"Although we can talk, we cannot read," said Tristan. Remember, it's all about caring for others, doing the right thing, and thanking someone.

Softly, Wotan said.

"Will you read to us when we are older?"

Wotan asked this question because he thought they would never be read to. They had to keep Mum's book.

Six months passed.

-Illustrations by Toni



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Inspect retained canola seed for damage

■ GRDC

Growers retaining canola seed for sowing next year are being strongly encouraged to check for whitening of the seed shell as a result of pod damage caused by blackleg infection.

While the disease damage is not expected to spread through the seed stock during storage, it may reduce emergence rates of infected seed or result in early infection of canola seedlings after sowing.

Affected grain should still be safe for cattle feed and may still be usable for sowing with an appropriate fungicide seed treatment.

To further mitigate risk, careful attention should be paid to grain storage conditions. Low humidity and temperature is essential for maintaining grain condition in silos and will help minimise any disease development.

Regular aeration is required with temperature and moisture monitors to store grain under optimal conditions.

How to assess and manage damaged seed

To assess canola seed, separate a random sample of 100 grains then visually inspect each one for signs of whitening. Separate and count the damaged grains

to calculate the rate of damage as a percentage of the total stock. (For example, 20 damaged grains from a sample of 100 is a rate of 20 per cent.)

Grain receivers will generally accept some level of seed damage. Growers should consult with their receival centre or grain marketer about acceptable damage rates for a delivery.

Growers who plan to sow retained canola seed with whitening damage next season should consult their agronomist or adviser about applying an appropriate fungicide seed treatment prior to sowing or, ideally, obtaining clean seed instead.

GRDC is investing in glasshouse trials to quantify the effects of seed whitening on emergence rates and blackleg susceptibility and provide guidance for pre-treating seed. This advice will be published as it becomes available.

Timing drives crown cankers and upper canopy infection.

Blackleg of canola is caused by the fungal pathogen *Leptosphaeria maculans*. It can cause significant yield losses, especially if it is not managed in the early (emergence to flowering) stages of growth.

This early infection causes cankers in the crown of the plant, which restrict water and nutrient transport from the roots and, in severe cases, can cause the plant to collapse.

Blackleg spores can continue to infect the plant after flowering but will manifest as upper canopy infection (UCI) rather than crown cankers, causing lesions on the stems, leaves, pods and seeds.

UCI risks increase with early sowing

As with most fungal diseases, blackleg is favoured by



■ Blackleg infested seed will cause seedling blight and subsequent seedling death if used untreated.

Photo: Steve Marcroft

wet conditions and disease pressure is generally higher in wet, cool months and in medium and high-rainfall zones.

The risk of blackleg UCI is increased by early sowing, where the crop reaches the flowering stage while elevated levels of atmospheric moisture help support fungal spread.

Early sown canola that flowers during late July and early August is at particularly high risk of UCI and yield losses of up to 20 per cent can result from infection of the stems, flowers and seed pods.

However, the likelihood of yield losses from UCI drops rapidly in crops that flower after mid-August.

Fungicides usually provide effective control, but the pathogen is noted for its rapid ability to evolve resistant strains. Careful choice of cultivars that provide effective genetic resistance to blackleg under local conditions is therefore strongly recommended.

Optimum sowing time for canola is influenced by

several factors. Growers are encouraged to consider local and seasonal conditions when evaluating risks and making decisions on canola time of sowing.

Manage blackleg agronomically and proactively

Blackleg management requires constant care by canola growers. The pathogen survives on canola stubble until it has been fully broken down. As a result, canola should not be planted into a previous season's stubble and should ideally be sown at least 500 metres from the previous year's canola paddocks.

With appropriate rotations, cultivar choice is generally the best option for managing crown cankers, while time of sowing is the best defence against blackleg UCI.

Growers and advisers are urged to use the available blackleg management tools to minimise their blackleg risk from year to year and to assess the economic merit of in-season management decisions, especially around fungicide use.



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Grains projects get off the ground for research collaboration

■ GRDC

Two new grains projects are underway for the WA Agricultural Research Collaboration (WAARC) aimed at converting research insights into farming resilience, profitability and sustainability for the state's growers.

The five-year Lupin Disease Resistance and four-year Harvestable Annual Legume Options (HALO) projects are the first to be announced under the collaboration's Grains Transformation program.

Grains Transformation is one of six key program themes developed by the collaboration, which also include Northern Agriculture, Climate Resilience, Agricultural Technologies, Aboriginal Participation, and Capacity Building and Extension.

Lupin Disease Resistance is focused on boosting lupin resistance to its four major diseases, while the HALO project is exploring harvestable annual pasture legume cultivars that can be used in rotation to reduce synthetic nitrogen fertilisers.

Both grains projects are a co-investment between GRDC and the collaboration (including its seven partners - Department of Primary Industries and Regional Development (DPIRD), CSIRO, Grower Group Alliance, Curtin University, Edith Cowan University, Murdoch University and the University of Western Australia).

WA Agricultural Research Collaboration director Dr Kelly Pearce says the new projects bring together funding partners and multidisciplinary collaborators for the advancement of agricultural R&D in WA.

"It is wonderful to see these grains projects get off the ground and to mark another collaboration milestone since our first Northern Agriculture project was announced in May - the Cropping Enabled Cattle initiative," Dr Pearce says.

GRDC managing director Nigel Hart says that through the collaboration, the best researchers and research institutions are working together to develop innovative solutions to the big issues facing agriculture.

"By working together, we can harness our combined might to apply innovative, cutting-edge science to address some of WA's unique challenges and opportunities," Mr Hart says.

"These two new GRDC-invested projects, exploring lupin disease resistance and annual pasture legume options, will deliver additional rotation options for WA growers, contributing to the profitability of farming systems."

The Lupin Disease Resistance project brings together the crop genetics and plant pathology expertise of DPIRD and Curtin and Murdoch universities, with the plant breeding experience of Australian Grain Technologies.

DPIRD genetic improvement portfolio manager Darshan Sharma says the project will help deliver future narrow-leaved lupin varieties with improved resistance to its major diseases: Phomopsis, cucumber mosaic virus, anthracnose and Sclerotinia.

"We will share the outputs from this exciting project with

pre-breeders and breeders to ensure future varieties require less disease management, maintain yield stability and deliver better outcomes for WA growers and farming systems," Dr Sharma says.

The HALO project brings together the pasture legume breeding, agronomy and bio-economic modelling expertise of Murdoch University, DPIRD and CSIRO.

DPIRD and Murdoch University principal research scientist Ron Yates says incorporating legumes into crop rotations could reduce risk in the farming system by cutting fertiliser costs and allowing for better management of weeds, pests and diseases with positive flow-on effects for the environment.

"Our research team has hit the ground running - gathering and evaluating harvestable annual legumes that are suitable to grow productively throughout the WA agro-ecological zones," Dr Yates says.

The collaboration will continue designing and developing projects that maximise the impact and reach of current agricultural research, fund research gaps, attract more research dollars into WA, build capacity and leverage the state's collective research talent.

More information: Dr Ron Yates, ronald.yates@dpiird.wa.gov.au, Dr Darshan Sharma, Darshan.Sharma@dpiird.wa.gov.au

BAITING TO PROTECT NATIVE WILDLIFE

Under the Parks and Wildlife Service's *Western Shield* program, baiting to control foxes and feral cats occurs on more than three million hectares of conservation lands in Western Australia.

The baits used are toxic to introduced animals but not to native animals which have an evolved tolerance to the active compound (1080). All baited areas are signposted.

Baiting occurs on a regular and ongoing basis to protect endangered native animals including the numbat, western ground parrot and western swamp tortoise.



Attention pet owners: these baits will kill domestic dogs and cats. Baited areas must be considered dangerous for pet dogs and cats at all times.

For more information and maps on areas baited under *Western Shield* visit dbca.wa.gov.au/westernshield or contact your local Parks and Wildlife Service district office.

Western Shield is generously sponsored by Alcoa Foundation, Tronox and Western Areas.



Department of Biodiversity,
Conservation and Attractions



Community Noticeboard

The Community Spirit is your community based newspaper, covering local news and events.

We are pleased to support local events

TERMS & CONDITIONS:

- Design must be **completed by client** and submitted as a JPEG or PDF.
- Are to be for **FREE Local Community Events** only.
- To be placed on Notice Board at Community Spirit discretion.
- Notice Board is free providing there is to be a follow up article for the paper after the event. If no article provided then the group will not be allowed this space again.
- There is limited area for the Notice Board so first in will get the space.

For further information please contact the Community Spirit Communications Manager on 0408 840 447



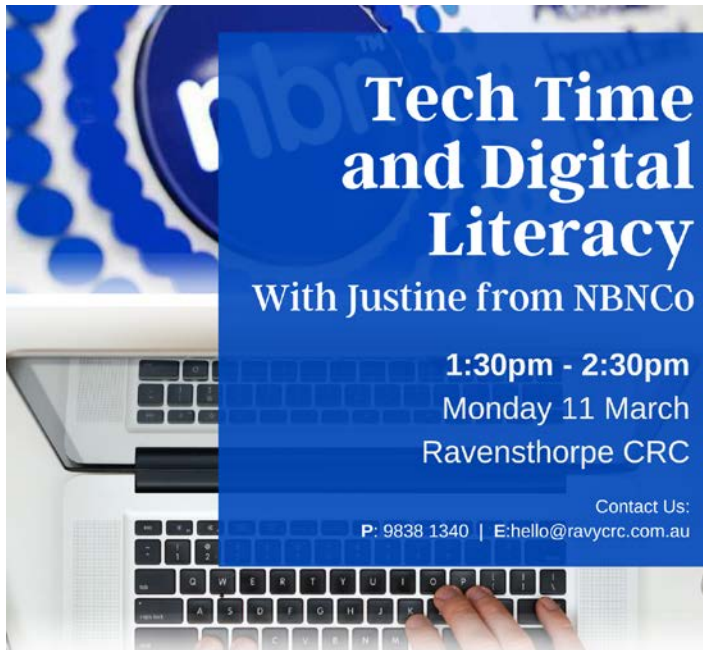
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Business Local - Free workshop  **RAVENSTHORPE**
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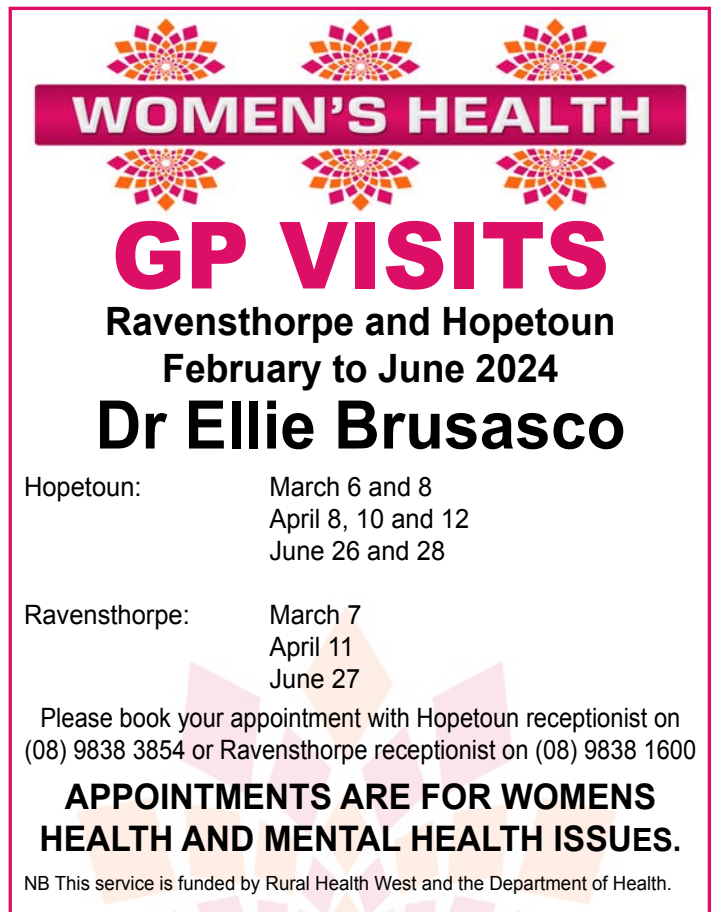
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Monday 11 March
Ravensthorpe CRC

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APPOINTMENTS ARE FOR WOMENS HEALTH AND MENTAL HEALTH ISSUES.

NB This service is funded by Rural Health West and the Department of Health.

Grower panels a drawcard at regional Grains Research Updates

■ GRDC

GRDC has released the programs for the highly anticipated Grains Research Update regional series in Western Australia, with events set for Yuna, Salmon Gums, Lake Grace, Mukinbudin and Darkan throughout March.

Grains Research Updates are GRDC's flagship events and a key platform for communicating the latest information from research, development and extension (RD&E) investments made by the organisation. The western regional series follows the two-day Grains Research Update to be held in Perth on 26 and 27 February.

GRDC western region Panel Chair Darrin Lee says this year's events will have a farm-ready research focus with several panel discussions featuring local growers and advisers.

"This year every regional Grains Research Update has a panel session that will inform grower-focused discussion on topics including ag tech, soil engineering and farming systems," Mr Lee says.



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"The issues and focus areas for each location have been informed by local planning committees, ensuring that each event will deliver regionally responsive and relevant content for growers, advisers and industry.

"The Updates are a fantastic opportunity to mix and learn from industry experts both locally and from afar, and to talk about the season just experienced, what worked, what failed, the challenges and the wins, as well as looking ahead to new ideas and practices that can make a difference on-farm."

The regional Grains Research Updates will be held in:

Yuna, March 6, Yuna Community Centre

Salmon Gums, March 12, Salmon Gums Community Centre

Lake Grace, March 14, Lake Grace Sports Pavillion

Mukinbudin, March 19, Mukinbudin Sporting Complex

Darkan, March 21, Darkan Sport and Community Centre.

At the Yuna update, a panel session on amelioration will feature Stephen Davies, Department of Primary Industries and Regional Development (DPIRD), Bindi Isbister, Agrarian, and Peter Newman, Planfarm, and will discuss what happens to ameliorated paddocks in low rainfall years, with specific examples from the 2023 season.

Highlights at the Salmon Gums update include weed and herbicide resistance management strategies and managing soil variability, as well as a new technology panel where growers will share their experiences with Swarm Bot, variable rate technology and other new technology for grain growing enterprises.

In Lake Grace, a panel session will look at soil engineering - which machine for which job - featuring Garren Knell, ConsultAg, and Gaus Azam, DPIRD, as well as a panel of growers to discuss local trials and experiences with different soil amelioration equipment.

At Mukinbudin, key focus areas include nitrogen management and marketing for grain, as well as a session from Ben White, Kondinin Group, on future innovations for farm machinery to improve productivity and sustainability of grain growing.

Mukinbudin's panel session will feature Chris O'Callaghan from the Liebe Group with a panel of growers discussing strip and disc experiences.

To round out the series, the Darkan update on March 21 will feature lessons from the High Yielding Crops project in the high rainfall zone, precision agriculture in rocky and hilly country and a panel of growers facilitated by Andrew Ritchie, Icon Agriculture, reflecting on lessons from 2023 for cropping programs and farming systems in 2024 and anything new planned to be trialed.

The GRDC regional Grains Research Updates are hosted by local grower groups and partners including Yuna Farm Improvement Group, Merredin and Districts Farm Improvement Group, Lakes Information and Farming Technology, North Mallee Farm Improvement Group and Compass Agricultural Alliance.

To view the full event programs and register visit the [GRDC website](https://www.grdc.com.au) or contact on 08 6262 2128 or researchupdates@giwa.org.au.

Quiz courtesy of Businessballs.com



1. 'Kitri's Act I' in Don Quixote features sixteen consecutive what (in ballet)? Grande jetes, Chaines, Pirouettes, Echappes
2. What is the first name of Leonard's chauffeur in the UK television series 'Butterflies'?
3. Which actor, who played Tony Soprano on the US television series 'The Sopranos', died in June 2013?
4. Which country's football team was runner up in the 1970 FIFA World Cup?
5. Serratus Anterior is a part of which area of the human body? Back, Legs, Arm, Skull
6. Who wrote the 1884 novel 'The Adventures of Huckleberry Finn'?
7. A group of which birds is known as a Murmuration?
8. Which US cartoon series first appeared on The Tracey Ullman Show in April 1987?
9. Galanthus nivalis is the Latin Name for which garden flower?
10. Which Irish-born dancer is regarded as the 'Godmother' of English ballet? Darcy Bussell, Ninette de Valois, Margot Fonteyn, Alicia Markova
11. The 'Rodney Riots' took place on which

- Caribbean island in October 1968?
12. In astronomy, what does ESO stand for?
13. In the term TGIF, featured in the Katy Perry song, what does the T stand for? This, Then, The, Thank
14. The islands of Oahu, Molokai and Lanai are part of which US state?
15. What is the medical term for abnormally low blood pressure?
16. What is the name of the sheriff in the children's television series 'Four Feather Falls', co-created by Gerry Anderson?
17. Which country has the internet domain .fi?
18. Oscar Wilde wrote about which English prison?
19. Who released "I'm Like a Bird" in 2001? Nelly Furtado, Faith Hill, Beyonce, Alicia Keys
20. 'The Angel of the North' is the work of which British sculptor?
21. UK television fitness guru Diana Moran is better known by what name?
22. In the novel 'Jane Eyre' by Charlotte Bronte, what is the first name of Mr Rochester's French ward?
23. Ambergris is a waxy substance used in perfumery and is believed to originate in the intestines of which creatures?
24. In October 2012, what did the minimum hourly wage rise to, in pounds sterling, for over 21 year olds in the UK?
25. In degrees Celsius what is the average surface temperature of Neptune? -10, -201, -301, -401
26. World Science Day for Peace and Development was held during which month in 2011?
27. Who played Mike Flaherty, the deputy mayor of New York, in the US television series 'Spin City'?

28. Which laundry product was advertised with the slogan 'Trust pink, forget stains'?
29. Which of these is not a variety of melon? Cantaloupe, Chantenay, Honeydew, Casaba
30. The Sir Trevor Brooking Stand is in which London football club?
31. Semi Charmed Life was a 1997 hit for which band? Goo Goo Dolls, Third Eye Blind, REM, Lonestar
32. Neal Foulds, John Dunning and Mark Williams are associated with which sport?
33. A contestant from which South American country won the 2011 'Miss World Contest'?
34. Which of these airports can be found in Virginia? Bryd Field, Hopkins, Eppley Airfield, Kent County
35. What did dancer Rudolf Nureyev die of in 1993? AIDS, Heart attack, Cancer, Tuberculosis
36. What does 'A' stand for on the scoreboard in a game of tennis?
37. Situated in New York, what does MoMA stand for?
38. During which month in 1912 did RMS Titanic strike an iceberg and sink?
39. Britney Spears had a 2009 No.1 with which song? 5, 1, 2, 3
40. Which four letter word beginning with B means to perform or entertain in a public place, usually while soliciting money?
41. In the novel Jane Eyre by Charlotte Bronte, what is the name of the headmaster of Lowood Institution?
42. Georges Braque was born in which country? Portugal, Spain, France, Italy
43. Kevin Spacey provides the voice of Hopper in which animated film? Monsters Inc, Cars, Wall-E, A Bug's Life
44. In the game of Bingo, 'Knock at the door' is the nickname of which number?
45. In which country was golf banned in 1457? America, Wales, England, Scotland
46. Which planet is orbited by a moon called Ariel? Mercury, Mars, Earth, Uranus
47. Tocology is the study of what in humans?
48. Which actor provides the voice for Shrek? Owen Wilson, Mike Myers, Brad Pitt, Robin Williams
49. The Minions are characters from which series of animated movies? Wall-E, A Bug's Life, Cars, Despicable Me
50. Skopje is the capital of which European country?

ANSWERS: 1. Pirouettes; 2. Thomas; 3. James Gandolfini; 4. Italy; 5. Back; 6. Mark Twain; 7. Starlings; 8. The Simpsons; 9. Snowdrop; 10. Ninette de Valois; 11. Jamaica; 12. European Southern Observatory; 13. Thank; 14. Hawaii; 15. Hypotension; 16. Tex Tucker; 17. Finland; 18. Reading; 19. Nelly Furtado; 20. Antony Gormley; 21. The Green Goddess; 22. Adele; 23. Sperm whales; 24. 6.19; 25. -201; 26. November - 10th; 27. Michael J Fox; 28. Vanish; 29. Chantenay; 30. West Ham United FC; 31. Third Eye Blind; 32. Snooker; 33. Venezuela; 34. Bryd Field; 35. AIDS; 36. Advantage; 37. Museum of Modern Art; 38. April; 39. 3; 40. Busk; 41. Mr Brocklehurst; 42. France; 43. A Bug's Life; 44. Four; 45. Scotland; 46. Uranus; 47. Childbirth; 48. Mike Myers; 49. Despicable Me; 50. Macedonia

Public Notices

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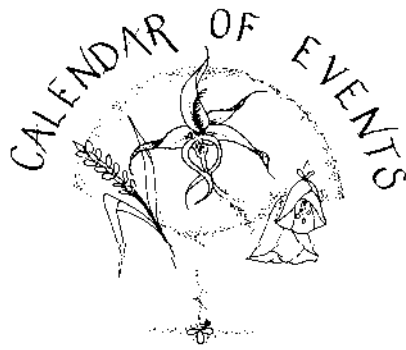
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Please don't hesitate to contact Kylie at contributions@cospirit.net



REGULAR EVENTS

UPCOMING EVENTS

February

- 29 Lincolns Rural Tour, 10am-2pm, Ravensthorpe CRC
- 29 Cricket Blast (Hopetoun Oval), 3.30-4.30pm
- 29 Table Tennis Tournament, 4-5.30pm, Hopetoun Community Centre Hall
- 29 Business After Hours—Mining Activity Update, 5.30-7.30pm, Hopetoun Community Hall

March

- 1 Southerner's Sporting Club's 30th Fishing Classic Registration Day
- 2 Southerner's Sporting Club's 30th Fishing Classic Competition Day
- 2 Fishing Classic Fireworks, 7.30-8.30pm
- 3 Hopetoun Local Markets, 9am-1pm
- 3 Open Mic, 2-8pm, Wavcrest Village & Tourist Park
- 5 Ravensthorpe Tigers F&SC AGM, 5.40-6.40pm, Ravensthorpe Recreation Centre
- 5 Enduro Club Meeting
- 7 Cricket Blast (Hopetoun Oval), 3.30-4.30pm
- 8 TAFE: Intermediate Excel Short Course, 9am-3pm, Ravensthorpe CRC
- 8 FQM Presents Community Corporate Bowls, Hopetoun Bowling Club, 5.30-8.30pm
- 9 Annual Fox Shoot
- 9 YEKI Garden Busy Bee, 12-3pm
- 10 YEKI Garden Busy Bee 12-3pm
- 10 Ravensthorpe Tennis Club Social Tennis
- 11 Tech time with NBNC0, 1.30-2.30pm, Ravensthorpe CRC
- 11 Community Spirit Deadline
- 11 Hopetoun P&C AGM, 2.45-4pm, Hopetoun Primary School
- 12 TAFE—Chainsaw Short course, 8.30-4.30pm, Ravensthorpe CRC
- 14 Cricket Blast, Hopetoun Oval, 2.45-3.45pm
- 15 Business Local: Mastering Your Time, 1-2pm, Ravensthorpe Community Resource Centre
- 15 FBN Business After Hours—Corporate Tennis, 5.30-7.30pm

For contributions to the Calendar of Events email the details to contributions@cospirit.net

CHURCH NOTICES

ANGLICAN CHURCH

St Andrews Ravensthorpe service on the first and third Sunday of the month at 11am. Peter the Fisherman, Hopetoun service every Sunday at 9am followed by morning tea. Enquiries Kevin and Lyn Hosking, 9838 3130.

HOPETOUN

ARTITUDE VOCALS 3pm Mon (Vocals), Tues (Visual Arts), during term. ages 4+, Hopetoun Art Shed, Tamar St, www.raveaboutarts.com

ARTITUDE JUST DANCE 3pm Wed during term, ages 2+, Hopetoun Community Centre. www.raveaboutarts.com

ARTITUDE VISUAL ARTS 3pm Tuesday during term. Details & bookings www.raveaboutarts.com

BOWLS Wed Mixed Scroungers 1pm, Fri 4pm rollup & fun, Socaill Bowls 1pm Sundays, Hopetoun Bowling Club. Ph Lance 0428 383 152.

CLUB MERLOT 7pm second Friday of the month, Hopetoun Shire Hall. Ph Sue 0407 981 301

CONTAINERS FOR CHANGE at Hopetoun Men in Sheds, 86 Tamar Street, Hopetoun. Open Tuesdays & Thursdays 8.30am-12pm and 1-3pm and Saturdays 8.30am-12pm.

COMMUNITY NURSE Wed 9am-4pm, Fri 8am-4pm, Mary Ann Haven Centre

CRAFT Wednesdays from 1pm at Mary Ann Haven, all welcome.

CRC, Library & Visitor Centre Open Monday to Friday 9am to 4pm. Committee Meetings bi-monthly, ask at CRC.

CWA 2nd Monday 1.30pm at Centre

CWA SHOP Saturdays 8.30 to 11.30. Library, secondhand goods, plants, fresh vegetables, fruit, eggs, cakes and pies, honey, jams, and relishes.

FIRE BRIGADE TRAINING First Sunday of each month from 15:00 to 18:00 unless the Sunday falls on a public holiday then it will be the 2nd Sunday at Emergency Services Building, Veal St Hopetoun.

GOLF Saturday Ladies and Men's Golf 18 holes - Winter season names in by 11.30 Tee Off 12 noon, - Summer Season names in by 12 noon Tee Off 12.30. Thursday Scroungers Ladies and Men's Golf 9 or 12 holes depending on the weather, names in by 1.15 Tee Off 1.30. Visitors and Learners are always welcome.

HOPETOUN CLAY TARGET CLUB Monthly shoot on Sundays 10am start

HACC HEALTH SERVICE Day Centre Program, Tuesdays, alternating weekly between Hopetoun and Ravensthorpe. Contact HACC for details.

HOPETOUN LOCAL MARKETS first Sunday of each month. Ray White Real Estate outside area at 9am to 1pm. Please contact Robyn Cockram 0429 925 569 or cockram36@gmail.com for more details.

HOPETOUN PLAYGROUP Fridays 9.30-11.30am Location changes contact via facebook.com/hopeyplaygroup.

HOPETOUN PROGRESS ASSOCIATION Office open, Tuesday - Thursday 9am to 12pm. Email: progress@hpa.org.au

HOPEY STUDY CLUB 2.45pm each Monday of school term.

LINE DANCING 1-3pm, Wednesdays, Mary Ann Haven Centre, Ph 9838 3378 Trix.

LITTLE BEAT-BOP Hopetoun Community Centre, rear foyer, Mondays 9.15-9.45am, for School Term. Registrations required. Tel 9838 3062 or www.hopetounwa.com

MACHINING GROUP Thursdays phone Val 9838 3176

MEN IN SHEDS Tamar St Tues 9am-3pm, Thurs 8.30am-12, 1-3pm and Sat 9am-12pm. All men welcome contact Daryl 0428 442 517.

MENS STAY ON YOUR FEET Tues & Thurs 9am-10am at Mens Shed. Ph Greg 0458 524 516 or Daryl 0428 442 517.

OLD BASTARDS CLUB 12pm Fri, Gibson St, Hopetoun

PILATES Mon at 5.30pm (Maitland St Studio), Mon 6.30pm or Wed 8.30am, Hopetoun Community Centre. Contact Alison from MobiFit 0407 779 562.

PLAYGROUP 9.30-11.30am

POOL COMPETITION/DARTS Wednesdays 7.30pm Port Hotel.

POOL COMPETITION Wednesday 7pm Wavcrest Bar and Bistro.

CATHOLIC CHURCH

Saturday before 1st Sun of the Month Hopetoun 6pm

Saturday before 3rd Sun of the month Hopetoun 6pm

1st Sunday, Ravensthorpe, 8.30am

3rd Sunday, Ravensthorpe, 8.30 am

For enquiries please call Fr A Chukwu 0470 439 768.

QUALUP CHOIR Times vary, Hopetoun Seniors Centre. Phone 0447 385 049

RHYME TIME Every Thursday 9.15am (except school and public holidays) at Hopetoun Public Library (inside Hopetoun CRC). Free stories, songs and Rhymes for children under 2.

SEA SEARCH AND RESCUE Monthly training at Emergency Services Building, as indicated by regular signage on Veal St.

SENIOR CITIZENS Thursday 1.30pm. Meetings 1st Thursday every second month from June, 10 am at Mary Ann Haven.

SOCIAL TABLE TENNIS Fortnightly Mondays, 4-6pm, Hopetoun Community Centre

SOCIAL NETBALL 6.30pm, Hopetoun netball courts. Maddi 0487 458 174.

SOUTHERN SCRIBES Fourth Saturday 1pm, phone 9838 3472.

STAY ON YOUR FEET Fridays 9am-10am Mary Ann Haven.

STORYTIME Every Monday 10am (except school and public holidays) at Hopetoun Public Library (inside Hopetoun CRC) Free stories, songs, rhymes and craft. Suitable 0-5y.

TABLE TENNIS TOURNAMENT Last Monday of the month, 4-6pm, Hopetoun Community Centre

TAI CHI Wed 10am, Hopetoun Community Centre Ph Alison 0407 779 562

YARN WITH HOPE Free individual counselling sessions 12-2pm, first Wed of every month. Hopetoun CRC

YOGA Hopetoun Progress Assoc Are running weekly yoga classes starting on July 29th. For more information call Rachael on 0401 272 585.

YOUTH SPACE 4-6pm, Wednesday, Hopetoun CRC, High School students only, Ph 9838 3062.

YARN WITH HOPE 12-2pm, first Wed of every month, Hopetoun CRC

VOLUNTEER AMBULANCE SERVICES Fortnightly training 7pm Thurs, Emergency Services Building. Wendy 0428 133 498.

MUNGLINUP

GOLF Ladies Golf: Wednesday by 8.45am Men's Golf: Saturdays by 11.30am.

RAVENSTHORPE

GOLF April- October Ladies Golf: Wednesday names in by 9am Men's Golf: Saturday names in by 12pm

GYM membership available. Contact Ravensthorpe Shire 9839 0000.

HAND GUN CLUB Every second Sunday 9am Contact Bill Auburn 0429 383 120.

HOSPITAL AUXILIARY meets every second month on the second Tuesday in the Red Room of the RCC. Contact person, Rae Guest on 0429 380 045.

MUSEUM/INFORMATION CENTRE Open 10 am to 4 pm Monday to Friday or by appointment 9838 1583.

OP SHOP trading 10am to 1pm Tuesdays to Saturdays.

RAVENSTHORPE BASKETBALL For more information contact Ethan Clarke 0452 261 717.

RAVENSTHORPE BOWLING CLUB Every Saturday from September-May. Both men and women—names in at bowling club by 12.45pm. We are a small social club with new and visiting members especially welcome. We can supply bowls if needed. Contact 0429 146 315 for more info.

RAVENSTHORPE PLAYGROUP AND MOTHERS' GROUP Wednesday from 10am during school term, at RDHS, Hosking St. Please bring a piece of fruit to share.

RAVENSTHORPE TENNIS CLUB, Social Tennis is on Every Sunday from 4pm from October - March.

STATE EMERGENCY SERVICE meets at 7.30 pm on second and fourth Wednesday of month at SES HQ, Morgan St.

STAY ON YOUR FEET EXERCISES exercises at Ravensthorpe Cultural Centre, Fridays 10-11am. New members welcome.

COMMUNITY RESOURCE CENTRE & LIBRARY Open all day from 9am-4pm Monday to Friday.

TAI CHI every Wednesday morning 9.30-10.30am at the Ravensthorpe Cultural Centre. Contact Jessie Fairhead 0427 718 803.

If you know of any changes that are required to **REGULAR EVENTS**, please ensure you notify us at contributions@cospirit.net

BUSINESS AND SERVICES DIRECTORY

EMERGENCY NUMBERS

EMERGENCY TO REACH ALL SERVICES..... 000

ALBANY

Albany Smash Repairs.....9842 2838 • paularmstrong@smashrepairer.com
www.smashrepairs.com.au
Smith's Aluminium9842 2617 • sales@smithsaluminiumand4wd.com.au

DOCTOR'S SURGERY

Livingston Medical
Hopetoun—Mon, Wed, Fri 9am-5pm..... 9838 3854 • F 9838 3729
Ravensthorpe—Tues, Thurs 9am-5pm 9838 1600
Community Transport Service Co-ordinator..... 0439 335 147

ESPERANCE

AS Smart Remedial & Relaxation Massage Peter Dempster 0428 422 368
Saturday morning appointments available • www.smartremedialmassage.com
Compass Conveyancing (WA).....9071 1655 • meredith@espconvey.com.au
Esperance Bay Dental 9071 5888 • www.esperancebaydental.com.au
EMG Ford 9071 0100 • accounts@emgesperance.com.au
Esperance Toyota 9071 0100 • accounts@emgesperance.com.au
Powerplant Motorcycles 9071 1780 • tim@powerplantmc.com.au
www.powerplantmotorcycles.com.au
Sportspower - Greg Bower 9071 2365 • M 0402 124 681
esperance@sportspower.com.au
Swan's Veterinary Services 9071 5777

HOPETOUN

Belli Mini EarthworksPh 9838 3898 • M 0427 027 003 • diannegreg@wn.com.au
Carpet Cleaning 0400 716 885
Hallams Cartage ContractorsM 0429 049 114 • hallamscartage1@bigpond.com
Hopetoun Beachfront Chemist 9838 3333 • hopetouchemist@gmail.com
Hopetoun Community Resource Centre 9838 3062 • crc@hopetounwa.com
Hopetoun Earthworks & Concrete Supply 9838 3336 • 0427 383 336
Hopetoun General Store 9838 3052 • russ.asty@bigpond.com
Hopetoun IGA 9838 3919 • russ.asty@bigpond.com
Hopetoun Slashing 0429 049 114
Hopetoun Transport and Haulage 0429 049 114
Hopetoun Tyres & Batteries 9838 3537 • M 0474 143 691
hopeytyreservices@gmail.com
LJ Hooker....0408 030 888 • rmliloski.hopetoun@ljhooker.com.au - @Robert Miloskeski
Pest Control Local & Termites 0429 801 295 • casperprince@bigpond.com
Port Hotel 9838 3053 • F 9838 3036 • Kitchen 9838 3375
www.porthotel.com.au
Ray White Rural South Coast WA 9838 3100 • F 9838 3250 • M 0429 299 797
raywhiteruralsouthcoastwa.com.au
Wavecrest Bar & Bistro..... 9838 3400
Wavecrest Village 9838 3888

JERRAMUNGUP

Jerramungup Electrical Service.....M 0428 351 171 • jmpelectrical@bigpond.com

LAKE KING

Lake King Tavern, Motel & Caravan Park..... 9874 4048
lakekingtavern@gmail.com • www.lakekingtavernmotel.com.au
Nutrien Ag Solutions—Ross 9874 4004 • F 9874 4005 • M 0428 105 059

RAVENSTHORPE

4 Rivers Plumbing Gas & Civil Contracting 0407 358 983 • 9838 1725
admin@4riversplumbing.com.au
Dingo's Dog Kennels M 0427 381 092
Eremia Camel Treks - Museum Writer Retreat, Accommodation.... M 0427 381 092
animamundi@westnet.com.au
Freight Lines General - Murray 9838 1343 • F 9838 1382 • M 0427 381 211
Hannaford Seed GradingM 0427 268 136 • hannaford.ravensthorpe@gmail.com
Keen's Mini Mart Tony 0456 468 499
Email: keensminimart@gmail.com
Madden Rural Jordan 0428 542 428 • Mick 0429 380 081 • Steve 0428 380 081
admin@maddenrural.com
Palace Motor Hotel 9838 1005 • palacehotelravensthorpe@gmail.com
R & L Construction..... 9838 3888 • M 0428 381 232
R and R Heavy Diesel Services M 0438 164 616 • randrhds@bigpond.com
Ravensthorpe Agencies - B&R Biddulph 9838 1236 • ravyag@westnet.com.au
Ravensthorpe Agricultural Initiative Network 9838 1018 • M 0417 174 299
Ravensthorpe Building Supplies 9838 1100
Ravensthorpe Community Resource Centre 9838 1340
ravensthorpe@crc.net.au
RavMech..... 9838 1146 • M 0499 196 024 • M 0428 381 146
info@ravmech.com
Ravensthorpe Pharmacy 9838 1020 • ravensthorpepharmacy@gmail.com
Nutrien Ag Solutions 9838 1081
kyle.forsyth@nutrien.com.au • M 0417 912 318
tom.major@nutrien.com.au • M 0403 782 887
Yummylicious Candy Shack 89 Morgans St, RavensthorpePh: 08 9838 1647
belinda4444@hotmail.com

NON-EMERGENCY NUMBERS

Ambulance NON-Emergency 131 233
Hopetoun Volunteer Marine & Rescue 9838 3207
Lake Grace Hospital..... 9890 2222
Police 131 444
(At request this number is the contact number for all Police Stations)
Hopetoun Police Station 9867 9120
Ravensthorpe Hospital 9838 2211
State Emergency Service 132 500

All email and web addresses on this page are hyperlinked. Just click on it on your smart device.

Bowlers off to carnivals

■ Hopetoun Bowls

Not much bowls at home this fortnight with mens teams going away to carnivals at Bremer Bay, Condingup and Newdegate.

The ladies were playing at Brookton in the ILRR Fours where our team SEC ran second in the competition.

On Saturday February 17th 12 players and other participants who were employees and partners of 4 Rivers Plumbing were entertained by Lance Goddard having a fun afternoon of bowls. They ended up enjoying a barbecue tea.

Men's Pennants were played against Scaddan 2 with a win to Hopetoun. Des Barr's team beating M letto's team 20-11 and Brian Button's team losing to Blake Andrew's team 15-23, Hopetoun 4pts, Scaddan 1pt.

February 24th played at Hopetoun against Scaddan 1 with a win to Hopetoun.

Mixed Scroungers February 21st, sponsored by Hopetoun Beachside Caravan Park, with 13 players. Rink winners Coral Grant, Bill Pike, Donna Carter and Des Barr with the winners being Bill and Donna.

The Ladies played the Pennant Finals at Esperance on February 24th-25th playing Scaddan on Saturday and having a win.

Coral Grant's team beating Trish Stone's team 18-15 and Sue Lee's team beating Caroline Williams team 31-12.

Playing Esperance on Sunday and having a loss. Coral's team losing to Elaine



■ SEC Ladies Fours team.



■ Four Rivers

Rule's team 18-21 and Sue losing to Marilyn Jackson's team 20-26.

Congratulations Esperance on winning the Flag and congratulations to all the people who played in our team during the season, for doing so well and being runners-up.

—Pam Cousins

FORTHCOMING EVENTS:

March 8th & 13th: Ladies Bowls 9am. Mixed Scroungers 1pm.

March 1st-8th: Mens Country Week .

March 8th-10th: Ladies IZRR Fours at Kulin.

March 9th & 16th: Mens Pennants.